

How Can We PROTECT Ourselves Against Tuberculosis?



If a person in your close environment is diagnosed with tuberculosis, you can protect yourself by taking preventive medication.



Your children must receive the BCG vaccine.



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If you have complaints such as sputum discharge accompanied by a cough lasting more than two weeks, fever, night sweats, weight loss, loss of appetite, and feeling tired, please consult your nearest healthcare provider.

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OUR GOAL



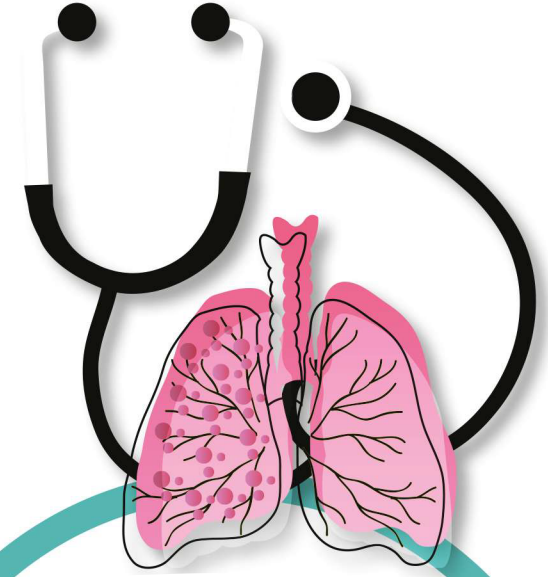
TUBERCULOSIS-FREE TÜRKİYE

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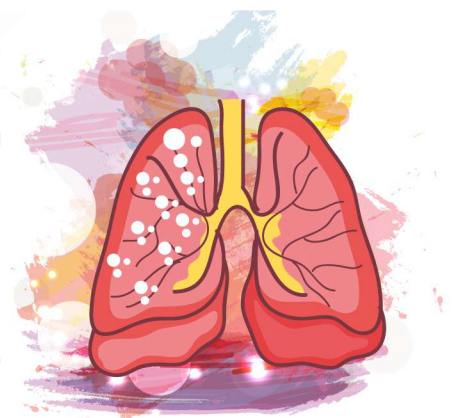


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TUBERCULOSIS

Tuberculosis Is A
Preventable and
Treatable Disease!



WHAT Is Tuberculosis?

➤ Tuberculosis is an infectious disease transmitted through the respiratory tract and can affect all organs, especially the lungs.

HOW Is Tuberculosis TRANSMITTED?

➤ Tuberculosis is transmitted through inhalation of airborne droplets that are spread through coughing, sneezing, or talking of patients who do not receive regular treatment.

You can PREVENT the Transmission of Tuberculosis!

➤ To prevent transmitting tuberculosis to healthy people, early diagnosis and medication should be started as soon as possible.

Patients who have not started medication treatment continue to transmit the disease at their homes, workplaces, public areas, etc.

WHAT Are The Symptoms of Tuberculosis?

A cough lasting longer than 2 weeks



Night sweats

Weight loss



Sputum

How Can Tuberculosis Patients PROTECT the People Around Them?



To Get Fresh Air, Open The Windows!

➤ Providing clean air by ventilating the environments where people spend their time reduces germs and lowers the risk of disease transmission.



Cover Your Cough!

➤ Tuberculosis is a respiratory disease. Therefore, patients should wear a face mask when in the contagious phase and cover their mouths when coughing or sneezing.