Discharge and Isolation Rules in COVID-19 Patients

Hospitalized Patients

Of the COVID-19 patients who are being followed up and treated as inpatients, those who have not had a fever and need for oxygen within the last 48-72 hours can be discharged with their treatments being arranged if the physician following the patient deems fit. The isolation within the house is terminated on the 14th day from the date of discharge, provided that the patient has no symptoms or fever. The patient who is sent home is managed according to the rules of “Patient Monitoring at Home”

Patients Followed at Home without Hospitalization Indications

Home isolation is terminated on 14th day at the earliest following the improvement of symptoms in patients who have no hospitalization indications and are followed at home. The patient who is sent home is managed according to the rules of “Patient Monitoring at Home”

Health Workers

In order to terminate the isolation of healthcare workers, it is required that 2 tests taken at least 24 hours apart on day 3 of improved symptoms at the earliest and the day after are negative. Then they can go back to work.