



# Strengthening the Occupational Health Expertise and Scientific Performance of Public Health Institution of Turkey



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# Icebreakers & Communication exercises

## PPT C1-5



The ESPrIT  
training is not  
not taking  
place in  
ASPENDOS





# We are not taking a test today



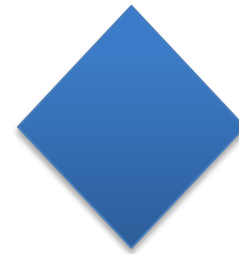
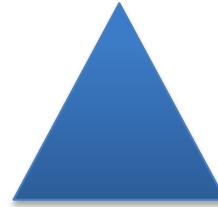
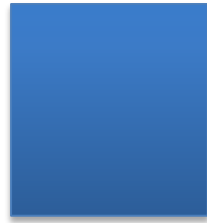
## Try to express several meanings!





# Choose a shape you prefer

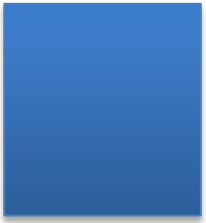
## Draw it on your tent card



# Research shows



= Party animals



= most ambitious



= most intelligent



= most gossiping



# Repeating Introduction

**Your name**

**Favorite hobby/pastime**

**Where would you like to be now?**





# Fantasy career

**What would be your fantasy career if you could do anything for a living?**







# Story of your name

## Explain to us the story of your name!





# Follow the leader!

## Gather together

### Someone suggests something?

### Respond by Allright OK! or Noooh!





# Match box challenge

**Put a matchbox behind a chair and try to grab it with your mouth while sitting on the chair and not touching the floor with your body**



# Imaginary present

**Give an imaginary present to someone without describing it**

**The other responds surprised, names the present and hands it on to another one**





Have you ever ....

**Sung karaoke?**

**Ridden a horse?**

**Eaten frog's legs?**

**Flown an aeroplane?**

**Done a bungee jump?**

**Dated a vegetarian?**





# Screamer

In a circle, people look at ground, then on "heads up" look into someone else's eyes. If 2 people are looking at each other, they scream and are both out. Continue to see who is last.

